

# CYCLADES ISLANDS ROUTE

## 7 days of relaxation

This is a 7 day (Saturday - Saturday) sailing trip of the Cyclades islands and is meant for experienced sailors and bareboat charter. The best base to start the trip is the Lavrion Marina, which is only a 30 minutes ride away from the Athens International Airport.

Please note that all restaurants and activities listed are only suggestions, and are not included in the price. The trip can be changed according to your wishes, meaning stops can be added or removed.



### LAVRION

#### Day 1

#### Lavrion and its silver mines

The plan for the first day is to arrive on a Saturday in Lavrion and get to the Marina. Your check in on the boat will be at 5 PM and you will spend the night there.

You can visit the old Lavrion mines in the Archaeological Museum of Lavrion.

**Things to do:**

- visit the Archeological Museum of Lavrion
- visit the Mineralogical Museum - learn about 200 different species of minerals

**Food and drinks:**

- Pezodromos - great place for seafood and vegetarian options
- Feggon - visit for a healthy meal before your trip
- Christos grillhouse - if meat is more your speed, this place has a lot to offer

### VOURKARI

#### Day 2

#### Vourkari (Kea Island) - the ancient settlement of Agia Irini

Vourkari is a small village in Ayios Nikolaos Bay in Kea. Vourkari is very cosmopolitan during the summer, full of yachts, sailboats and speedboats.

**What to do:**

- visit the ancient prehistoric settlement of Agia Irini
- visit Bronze Age excavations opposite to the quay across the bay

**Gastro suggestions:**

- Breeze Finger Food Bar - great prices for trying some greek specialities
- Magazes - the place for trying seafood
- Seirios - quality food, they also have some vegan options

### FINIKAS

#### Day 3

#### Finikas (Syros Island) - beach day

Many seasoned cruisers usually anchor off because it is quieter and the marina tends to be crowded. There is a very good bakery near the waterfront.

**What to do:**

- lay on beautiful sandy beaches with shallow water
- you can snorkel in the clear waters

**Gastro suggestions:**

- Calmo Mare Cafe Mezedopoleio - for lunch or just coffee
- Filomina Restaurant Taverna - by the beach and with affordable prices
- Meltemi - great vegan options

### PARIKIA

#### Day 4

#### Parikia (Paros Island) and the church of 100 doors

Parikia is the capital and the main port of Paros island. The trademarks of Parikia are the preserved windmill in the port and the Venetian Castle.

**What to do:**

- visit Parikia Town - picturesque town with a labyrinth of narrow streets and white washed homes
- enjoy the Martselo beach - beautiful sandy beach with plenty beach bars
- visit the Panagia Ekatonpiliiani - with the name: the church of 100 doors

**Gastro suggestions:**

- Soso - perfect for a romantic and private dinner
- Siparos - the chef oriented to creations based on seafood and shellfish
- The Little Green Rocket - offers a view of the bay and the anchored yachts

### KAMARES

#### Day 5

#### Kamares (Sifnos Island) and the shallow waters

Kamares is a small town on Sifnos island. The bay of Kamares is a long sheltered cove and it is a very rare day that there are any waves.

**What to do:**

- enjoy the Livadia Beach - try snorkeling
- visit the Castle of the Knights

**Gastro suggestions:**

- Absinthe - inexpensive prices with great views of sunsets at the bay
- Delfini Restaurant - the place to try a tasty greek salad
- Syrma - great place on the beach where you can enjoy some cocktails

### MERIHAS

#### Day 6

#### Merihas (Kithnos Island) - party time

The smallest inhabited island of the Dodecanese. Lining the port of Emporios are the brightly colored houses with their ceramic-tiled roofs and wooden windows. Regardless of when you arrive at Halki, the clock on the tower will read twenty after four.

**Other than dining you can:**

- enjoy the greek nightlife
- explore the island by taking a hike
- visit Vrykatsro for some history lessons

**Gastro suggestions:**

- Ostria Restaurant - nice place to try greek cuisine
- Byzantio Restaurant - place by the shore with fresh food
- O Molos - if you are in need for some great BBQ - this is the place to be

### LAVRION

#### Day 7

#### Back to Lavrion

For your last sailing stop you can return to Lavrion and explore the city port and its marinas. Or visit some of many restaurants and bars. You can also visit some of the city museums and explore the Ancient Greek history.

After that you can enjoy your last evening in Split and check out on Saturday morning at 9 am.

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